

The Bishop's

Lent Appeal 2025



**THE CHURCH
OF ENGLAND**

Diocese of Norwich

Raising money for

YANA

**to help fund its
telephone helpline**



**Rural Mental Health Support for those involved
in agriculture and other rural businesses
affected by stress and depression.**

The Bishop of Norwich, the Rt Revd Graham Usher, says:

"YANA is doing vital work by being alongside people working in farming and rural businesses and offering help and hope to those struggling with stress or depression. Those living and working in rural areas are often facing increasing challenges and I have been very impressed by all YANA does to care for people."

Explore more and give today at
www.DofN.org/lent

**YANA
helpline
0300
323 0400
yanahelp.org**



Registered with
**FUNDRAISING
REGULATOR**

All donations go directly to the Diocese of Norwich (Charity No. 249318),
to give to YANA (Charity No. 1190443)